

How to contact us

Colorectal department
Watford General Hospital
Vicarage Road Watford
Hertfordshire
WD18 0HB



A guide to...

If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217 187** or email westherts.pals@nhs.net



Language



Large
Print



Braille



Audio

Colorectal Cancer Multidisciplinary Team (MDT)

Patient information

| | |
|------------------------|-------------------------|
| Department | Colorectal Department |
| Ratified / Review Date | March 2024 / March 2025 |
| ID Number | 17-2213-V4 |



Colorectal

Watford General Hospital
Hemel Hempstead Hospital
St Albans City Hospital

How will this leaflet help me?

This leaflet has information about the Colorectal Multidisciplinary Team (**MDT**) and the names and contact details of some of the team members.

It will help you understand how the **MDT** within the Trust. Your care is planned and delivered by this team. In some instances, there will be no treatment, but you will be actively monitored.

It is not a substitute for discussion with doctors and nursing staff, but we hope that by reading this leaflet you will find it easier to ask questions and discuss your investigations and treatment with the Colorectal Team.

Your investigations and treatment might vary depending on your circumstances so please read this leaflet as a guide.

Your future appointments could be at Watford General, St Albans City or Hemel Hempstead Hospitals or at the Mount Vernon Cancer Centre.

What investigations and tests may be needed?

You may already have had some investigations, but you may need more to give the team as much information as possible to ensure you have the most appropriate treatment.

Common tests include:

- Magnetic Resonance Imaging (**MRI**) scan
- Computed Tomography (**CT**)
- Ultrasound scan
- Colonoscopy or flexible sigmoidoscopy (camera inside bowel)
- Biopsies (tissue samples)
- Blood tests

Notes

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Further information

There are Macmillan Cancer Information and Support Centres where you can visit and receive information.

The centres are located at:

Macmillan Information and Support Centre
Watford General Hospital, Level 2 of the main building,
opposite the main reception.
Telephone: **01923 436 326**

Grove House - drop-in information and support
St Albans City Hospital. Telephone: **01727 731 013**

Lynda Jackson Centre
Mount Vernon Cancer Centre, Northwood.
Telephone: **020 3826 2555**

The Macmillan Helpline: **0808 808 0000**
www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)

The Trust's Patient Advice and Liaison Service (PALS) is available to patients and families who would like to raise any concerns or issues with the way that they have been treated. The team can be contacted on **01923 217 198** or email: westherts.pals@nhs.net.

Useful contact numbers

| | |
|--------------------------|--------------|
| Hemel Hempstead Hospital | 01442 213141 |
| St Albans City Hospital | 01727 866122 |
| Watford General Hospital | 01923 244366 |

The Colorectal Cancer Multidisciplinary Team (MDT)

This is a specialist team of health professionals which includes:

- A Consultant Surgeon – who specialises in colorectal surgery.
- An Oncologist – a consultant doctor who specialises in treating cancer.
- Macmillan Clinical Nurse Specialist – a specialist nurse who provides advice, information, and support.
- A Radiologist – a consultant doctor who specialises in examining scans and X-rays.
- An Histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.

The Colorectal Cancer Multidisciplinary Team (**MDT**) meets every Monday at 2.00 pm. During this meeting, the Colorectal team will discuss your case and your test results and decide on the most appropriate treatment options for you.

Following the meeting, you will attend a clinic appointment with your consultant the treatment options will be discussed with you and the team will help you make an informed choice.

Your appointment can be at either Watford General, Hemel Hempstead or St Albans City Hospitals.

The next step

Once you have a colorectal cancer diagnosis the treatment may include some or all of the following:

- Surgery— at Watford General Hospital
- Chemotherapy — at Mount Vernon Cancer
- Centre Radiotherapy — at Mount Vernon
- Cancer Centre Monitoring and surveillance of your cancer

What information and support is available?

The Clinical Nurse Specialist (**CNS**) is your key worker during your investigations and treatment at the hospital.

The key worker is the person who you can contact directly to talk about your care and treatment. One of the CNSs will act as your key worker role. They are specially trained in Colorectal cancers and offer a holistic assessment with advice, emotional support and information to patients and their families.

Your key worker will make sure that you have written information about the type of cancer, you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patient organisations. Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The Clinical Nurse Specialists in your team are:

Bas Bactawar 07795 051556

Wednesdays and Thursdays

Linda Crawl 07471 952950

Mondays, Tuesdays and alternate Wednesdays and Fridays

Larissa Holloway 07770 189702

Monday to Friday (alternate Thursdays)

Dee Mccarthy

Mondays, Tuesdays and alternate Wednesday and Fridays

Sheenu Thomas 07500 601878

Monday to Friday (alternate Thursdays.)

The CNS team is available Monday to Friday 9.00am to 5.00pm.

Telephone: 01923 217 983.

Colorectal consultant surgeons

Mr Cheetham

Secretary: Lesley Bartholomew

01923 436 122

Mr Arbuckle

Secretary: Karen Deacon

01923 217 692

Mr Patel + Mr Hollingshead

Secretary: Kelly Harding

01923 217 401

Mr Daulatzai

Secretary: Tess Boxford

01923 217875

Other key members of the MDT are:

Dr Bhuva Consultant Oncologist

Secretary- Rozina Mahmood

01923 217064

Dr Michalarea Consultant Oncologist

Secretary- Rozina Mahmood

01923 217064

Dr Macfarlane Consultant Gastroenterologist

Dr Patel Consultant Radiologist

Dr Agarwal Histopathologist

Harry Watts Colorectal MDT coordinator