



# A guide to...

## Step by Step Guide DigiBete App for Type 1 Diabetes *Patient Information*

### How to contact us

Children and Young People's Diabetes (CYPD) Team

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If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217 198** or email [westherts.pals@nhs.net](mailto:westherts.pals@nhs.net)



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## **App for DigiBete – parent/patient**

Step 1 – download the DigiBete app, once downloaded open the app and press next until you can press 'start now'.

Step 2 – enter the 5-digit code to link with your clinic (**y1nga**).

Step 3 – tick the box to confirm and press sign in/ register.

Step 4 – press sign up at the bottom of the page.

Step 5 – enter your email address and create a password.

Step 6 – choose an option to specify if you are the parent or patient and press continue.

Step 7 – enter your details to sign up, tick both boxes and press complete profile.

Step 8 – the next part is optional; press skip this step or submit if entering any details.

Step 9 – press ok to enable push notifications from the app.

Step 10 – press next and then start now.

**Please note, you will have received an email from DigiBete to verify your account, once the set up is complete, please go to your email and press verify account.**

**The set up is now complete. However, if you are having any difficulties or issues with this step-by-step process, please do get in touch with our Technology Support Team using the details above.**