



# A guide to...

## Step by Step Guide DigiBete App for Type 2 Diabetes

## **Patient Information**

### How to contact us

Children and Young People's Diabetes (CYPD) Team West Hertfordshire Teaching Hospitals NHS Trust Mon-Fri 8am – 5pm Tel: 01442 287442 Out of Hours Tel: 01438 285000 **Email:** westherts.paediatricdiabetes@nhs.net

If you need this leaflet in another language, large print, Braille or audio version, please call 01923 217 198 or email westherts.pals@nhs.net



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#### App for DigiBete – parent / patient

- Step 1 download the DigiBete app, once downloaded open the app and press next until you can press 'start now'.
- Step 2 enter the 5-digit code to link with your clinic (podz3).
- Step 3 tick the box to confirm and press sign in/ register.
- Step 4 press sign up at the bottom of the page.
- Step 5 enter your email address and create a password.
- Step 6 choose an option to specify if you are the parent or patient and press continue.
- Step 7 enter your details to sign up, tick both boxes and press complete profile.
- Step 8 the next part is optional; press skip this step or submit if entering any details.
- Step 9 press ok to enable push notifications from the app.
- Step 10 press next and then start now.

Please note, you will have received an email from DigiBete to verify your account, once the set up is complete, please go to your email and press verify account.

The set up is now complete. However, if you are having any difficulties or issues with this step-by-step process, please do get in touch with our Technology Support Team using the details above.