



**West Hertfordshire
Hospitals**
NHS Trust



A guide to...

The Gynaecology Multidisciplinary Team (MDT)

Patient information

Gynaecology
Watford General Hospital
St Albans City Hospital

The Gynaecology Multidisciplinary Team

The Gynaecology Multidisciplinary Team (**MDT**) plans and delivers your treatment, or if there is no treatment actively monitors your care.

Your investigations and treatment will vary depending on your particular circumstances. When you have read this guide, please ask the team about any questions you have.

Your future appointments will be at Watford General Hospital or Mount Vernon Hospital.

What investigations and tests may be needed?

You may already have had some investigations, but you may need more to give the team as much information as possible to ensure you have the most appropriate treatment.

Common tests include:

- Blood test (ca125) and other blood tests
- Ultrasound scan (pelvic and/or transvaginal)
- Hysteroscopy (camera inside the womb and a tissue sample)
- Magnetic Resonance Imaging (MRI) scan
- Computed Tomography (CT) and Bone scans
- EUA (examination under anaesthetic)
- Biopsy (tissue samples)

The Gynaecology Cancer Multidisciplinary Team

This is a specialist team of health professionals which includes:

- A Consultant Surgeon –who specialises in gynaecology surgery.
- A Medical Oncologist – a consultant doctor who specialises in chemotherapy treatment.
- A Clinical Oncologist - a consultant doctor who specialises in radiotherapy treatment.
- Macmillan Clinical Nurse Specialist – a specialist nurse who provides advice, information and support.
- A Radiologist – a consultant doctor who specialises in examining scans and X-rays.
- An Histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.

The Gynaecology Cancer Multidisciplinary Team (MDT) meets every week on a Wednesday from 2 pm- 4:30 pm. During this meeting, the Gynaecology team will discuss your case and your test results and decide on the most appropriate treatment options for you.

Following this meeting, you will attend a clinic appointment with a member of the team and the options will be discussed with you to allow you to make an informed choice.

The next step

Once you have a gynaecology cancer diagnosis the treatment may include some or all of the following:

- Surgery—laparoscopic hysterectomy/abdominal hysterectomy
- Chemotherapy /immunotherapy – administered at Mount Vernon Hospital (intravenously or tablet format)

What information and support is available?

The Clinical Nurse Specialist (CNS) is your key worker during your investigations and treatment at the hospital.

The key worker is the person who you can contact directly to talk about your care and treatment. There is a team of Clinical Nurse Specialists who provide the key worker role. They are specially trained in Gynaecology cancers and offer a holistic assessment with advice, emotional support and information to patients and their families.

Your key worker will make sure that you have written information about the type of cancer you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patients' organisations. Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The Clinical Nurse Specialists (CNS) in your team are:

Avril Godley and Caroline Bulley
Telephone: 01923 436 371
Mobile: 07747 865 639
(Monday to Friday excluding bank holidays)

Gynaecology Consultants

Mr Padwick Gynaecology Consultant
Secretary: Karen Middleton 01923 217 935

Miss Vikram Gynaecology Consultant
Secretary: Helen Hopla 01727 897 449

Mr Mittal Gynaecology Consultant
Secretary: Paula Maurice 01923 217 583

Mr Paul Stanciu
Secretary: Karen Middleton 01923 217935

Further information

Information on who to contact, i.e web sites / telephone numbers of other departments / organisations which may be of help.

In addition there are Macmillan Cancer Information and Support Centres where you can visit and receive information. These centres are located at:

Macmillan Information and Support Centre, Watford General Hospital, Level 2 of the Main Building, opposite the main reception. Telephone: **01923 436 326**

Lynda Jackson Centre, Mount Vernon Cancer Centre, Northwood. Telephone: **020 3826 2555**

The Macmillan Helpline: **0808 808 0000**
www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)

The Trust's Patient Advice and Liaison Service (PALS) is available to patients and families who would like to raise any concerns or issues with the way that they have been treated. This service can be contacted on **01923 217 198** or pals@whht.nhs.uk.

Watford General Hospital Switchboard

Telephone: **01923 244 366**

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