



A guide to...

Ureteric stent for removal on a string

Important patient information, please read.

Date of insertion: _____.

Your ureter is your natural tube that connects the kidney to the bladder. This stent is a flexible plastic tube that is placed into your ureter and begins in your kidney and ends in your bladder, but is less than 3mm in width. We have placed this to ensure that your kidney is draining appropriately after your surgery. There is a string attached to this stent and hangs outside your urethra (urine passage) and is taped to your body. You will be able to pass urine normally.

Patient details or
label

What should you expect?

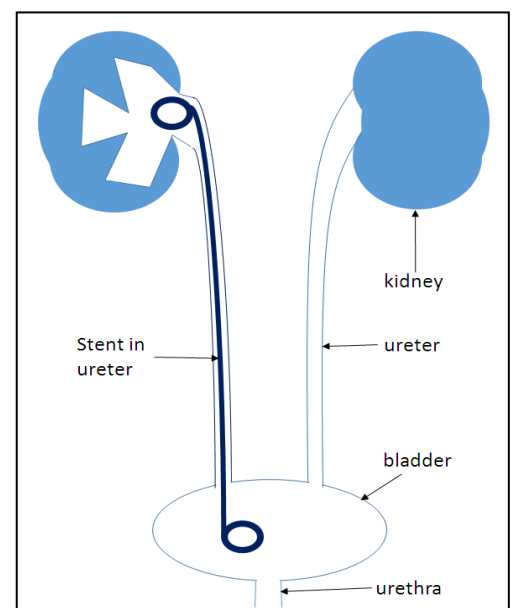
While you have the stent in your body you may have the following symptoms:

- Back pain towards the side, especially when you pass urine with pain in the bladder area
- Blood in the urine, increased frequency and urgency of urination
- Abstain from sexual activity as this may cause the stent to move from its correct position.

When should you see a doctor urgently?

You should attend A&E if you have the following:

- Fever
- Inability to pass urine



How is the stent removed?

The nurse or doctor will gently pull the string which is attached to the stent and it should hopefully slip out easily and takes a few seconds. It can sometimes be uncomfortable but you do not routinely need to take any medication or pain killers beforehand.

Details of when and where your stent is to be removed:

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.....
.....

Please note you may have to wait beyond this time for the doctor or nurse to arrive.

What happens after?

You will be able to go home immediately. You may pass more blood in the urine for one or two days. You should drink around two litres of fluid per 24 hours (as long as you have not been fluid restricted for other reasons) for at least the next 48 hours. You can take simple pain killers like paracetamol if you have some pain.

After removal, when should you contact a doctor urgently?

Attend A&E if you have severe pain, fever or are unable to pass urine.

What happens if I accident pull the string?

This can pull the stent into the urethra. This can cause continuous urine leakage. In this situation, the stent would need to be removed. Please contact the urology secretaries to arrange removal, or seek medical attention.

Can I remove the stent myself?

Yes, but you need to have this discussion with the urology team, ideally in advance. (See patient information leaflet: 'How to remove your ureteric stent.')

Can I rearrange my appointment for stent removal?

It can be difficult to rearrange your time for your stent removal. If you are unable to attend please contact your consultant urologist's secretary:

Mr T Shaikh: 01727 897 147
Mr F Banks: 01923 217 521
Mr J Roux: 01727 897 116
Mr S Shah: 01923 217 052
Mr V Arumham: 01923 217 064

If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217198** or email **westherts.pals@nhs.net**

Department	Urology Department
Ratified / Review Date	October 2024 / October 2027
ID Number	50-2298-V5

